

## ABSTRACT OF THE DISCLOSURE

In order to that stress generated within a resin can be suppressed and cracking in the resin can be prevented, an ink jet recording head comprising a substrate; a resin body, which defines an ink discharge section, formed on the substrate; and a heating resistor provided on the substrate, an ink chamber being formed between the heating resistor and the ink discharge section, the resin body being dug down along the ink chamber, is provided.